

1.5 CE hours



NBCC Approval Statement Placeholder

Oxford Treatment Center is approved as a provider of social work Continuing Education credits by the Mississippi Board of Examiners for Social Workers and Marriage & Family Therapists for the single program, "Establishing the Therapeutic Contract." Social workers receive 1.5 hours for full attendance/successful completion in this course. *(pending approval)*

Oxford Treatment Center is solely responsible for all aspects of the program.

Upon attending the Lunch and Learn and completing a provided evaluation, you will gain access to a presentation-quality certificate of completion containing details about the program. This can be used as proof of completion to obtain CE credits / hours.

**PROVIDER CONTACT:**

Oxford Treatment Center  
662.701.9653  
Brian Whisenant  
wwhisenant@contactaac.com  
www.oxfordtreatment.com

“The first step to change is knowing what one is willing to change.”

— Jeannie Falkner,  
Ph.D., LCSW



Oxford Treatment Center

## Establishing the Therapeutic Contract

Continuing Education Lunch & Learn  
By Jeannie Falkner, Ph.D., LCSW

Tuesday, July 31, 2018  
Noon to 1:30 p.m.

Oxford Outpatient Center  
611 Commerce Parkway  
Oxford, MS 38655  
Lunch provided

Free for Social Workers and Counselors

1.5 CE hours



Space is limited. Register online at [oxfordtreatment.com/therapeutic-contract](http://oxfordtreatment.com/therapeutic-contract).

# Establishing the Therapeutic Contract

This one-hour seminar will introduce participants to a model for establishing the therapeutic contract. Often counselors and social workers begin the process without the client's clearly defined goal for change. The contract is the client's commitment with the help of the therapist to change feelings or behavior or both. A contract must be clear, concise, and direct. Negotiating the contract requires careful attention both to the client's language and nonverbal communication and an awareness of the client's willingness to participate in an authentic contract for change.

## LEARNING OBJECTIVES

- Participant will be able to delineate between "contact, contract, and con" when establishing a counseling contract.
- Participant will be able to identify a clear and concise contract in which client the client is willing to accept responsibility for change.
- Participants will categorize three impasses which impede the establishment of the contract.

## ADA ACCOMMODATIONS

If you require special accommodation or support of any kind to attend this event, please contact Brian Whisenant at [wwhisenant@contactaac.com](mailto:wwhisenant@contactaac.com).

## About Jeannie Falkner

**Jeannie Falkner** has more than 30 years of clinical experience in mental health services to individuals, couples, children, and groups in private practice in Dallas, TX, Greenwood, MS, and now Oxford, MS.

Dr. Falkner holds an MSSW in Clinical Social Work from the University of Texas at Arlington, TX and a PhD in Counselor Education and Supervision from the University of Mississippi. Her clinical expertise is in Redecision Therapy and group counseling. Dr. Falkner is a frequent presenter for regional and national professional associations including an invited key note address for the Louisiana Group Psychotherapy Association.

Dr. Falkner joined Walden University in 2010 in the Clinical Mental Health Counseling Program. Prior to joining the faculty at Walden, Dr. Falkner was a tenured Associate Professor at Delta State University in Cleveland, MS. Dr. Falkner is a Licensed Certified Social Worker (LCSW) MS and an Approved LCSW Supervisor. Dr. Falkner is a member of the American Counseling Association (ACA), the Association of Counselor Education and Supervision (ACES), the Association for Specialists in Group Work (ASGW) and Chi Sigma Iota Counseling Honor Society.

Dr. Falkner's research interests and publications address counselor self-care and wellness, including financial wellness, group process and dynamics, counseling bi-racial youth and teens, and counseling LGBTQ individuals.